## Who We Are & What We Do

The Innovation and Scale Up Lab (ISU Lab), is a partnership between School Mental Health Ontario (SMH-ON) and Western University's Centre for School Mental Health (CSMH).

The aim of this collaboration is to support the mental health of <u>every</u> student by:

- examining and advancing evidence-informed, identity affirming, and implementationsensitive approaches within school mental health, and
- mobilizing both research and practice evidence to enhance quality, consistency, scalability, and sustainability in Ontario schools.

To move this work forward, we:

Seek out promising research and practice examples

> Select proposed innovations that meet a clear and specific need identified by stakeholders

Study innovations to ensure that promising approaches are evidence-informed, identityaffirming / culturally responsive, and implementation-sensitive within the context of Ontario

Share lessons from promising approaches and engage in related knowledge mobilization and dissemination

# Innovation and Scale Up Lab: Knowledge into Action, Action into Knowledge Alexandra Fortier, Morena Hernandez, Claire Crooks, Kathy Short



### Our Process & Our Team

SMH-ON supports 72 school boards, 4 remote school authorities and 10 provincial and demonstration schools in Ontario. Drawing on a range of feedback loops, like board and regional implementation coaching and links with provincial stakeholder networks, real-time needs and trends from the field are identified.

The ISU Lab considers needs and requests, and plans related projects and supports, using the following decision tree:



The ISU Lab has a varied representation of views, experiences and roles to help the decision-making process and the subsequent actions,

These roles vary from researchers, mental health practitioners, implementation scientists, as well as the active participation of students who are at various stages of their training.



Address the Evidence and Practice gaps

Explore Issues Related to Uptake and Sustainment

Promote Knowledge Mobilization

Findings have informed SMH-ON offerings and approaches, and have contributed to school mental health implementation science more broadly.

### Want to Learn More?

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Du savoir à l'action - De l'action au savoir School Santé mentale Mental Health Ontario School Centre for School Mental Health

### A Few Projects & Resources

### Over the years, the ISU Lab has worked on many different pilots, projects and products to:

- Brief Intervention for School Clinicians (BRISC)
- Skills4Life (S4L)
- Brief Digital Interventions (BDIs)
- Everyday Mental Health Practices (EDMH)/Faith & Wellness (F&W)
- Supporting Transition Resilience of Newcomer Groups (STRONG)
- BDI Drop-off study
- A 5-year retrospective implementation and sustainment review of BRISC
- Case Studies
- Evidence Briefs
- Journal Articles
- Special Issue in the Canadian Journal of Community Mental Health Journal
- Research Snapshots

